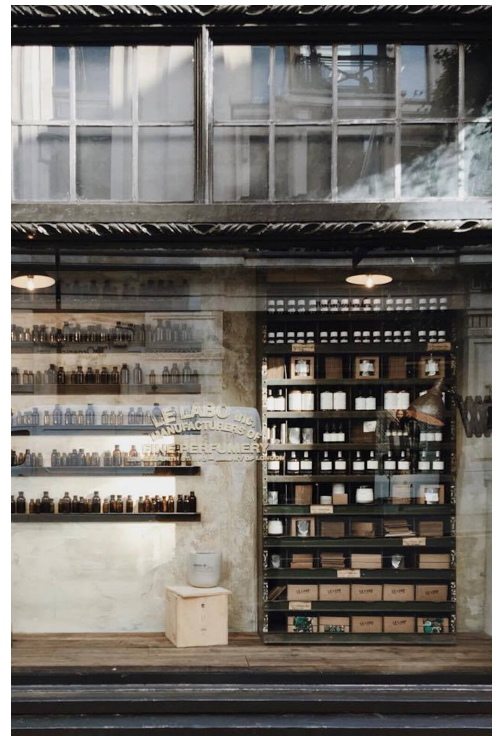


Immune Boosting Protocol



In addition to diligence in social distancing and strong hand-washing processes, we recommend the following:

ALPHA LIPOIC ACID: 600MG TWICE DAILY

N-ACETYL CYSTEINE 600MG TWICE DAILY

VITAMIN C (PREFERRABLY LIPOSOMAL): UP TO 20,000MG DAILY.

Vitamin C can upset your stomach and cause diarrhea at high doses, which is why we recommend liposomal. The recommendation for dosing is to take as much as you can until you experience GI side effects (diarrhea, "gurgaling:), then back off to the dose that is tolerated and doesn't cause these side effects.

If you cannot find liposomal C, buffered C is your next best option. OrthoMolecular Buffered C powder can be mixed in your water throughout the day.

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10% discount to ECP clients; free shipping on orders <\$50



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**GIVE YOUR
IMMUNE SYSTEM
A BOOST.**

In light of the current health situation in the United States and around the world, it is more important than ever to help your own immune system function at optimal capacity.